



SANTA BARBARA
women's
IMAGING CENTER

**Request for
Women's Imaging Services**

Please check-in 15 minutes prior to exam.

Bring this form to your appointment: Date _____ Time _____

Patient's Name: Last _____ First _____

DOB _____ Phone _____ Auth/DSN No. _____

PHYSICIAN USE ONLY

Breast Examination(s) Requested:

- Screening Mammogram with Tomosynthesis Automated Whole Breast Ultrasound if indicated
- Diagnostic Mammogram with Tomosynthesis Whole Breast or Focused Breast Ultrasound if indicated
- Focused Breast Ultrasound
- Automated Whole Breast Ultrasound

- Breast MRI with Contrast
- Breast MRI for Implant Integrity Only (No Contrast)
- Biopsy with MRI Guidance
- Biopsy with Ultrasound Guidance
- Needle/Wire Localization
- Consult/Risk Assessment for Breast Cancer

Dx Mammo or Ultrasound:

palpable lump thickening pain

Please mark area(s) of concern and indicate findings.

DXA Bone Density Study:

- Asymptomatic menopausal state (Z78.0)
- Long term (current) use of bisphosphonates (Z79.83)
- Long term (current) use of systemic steroids (Z79.52)
- Personal history of (healed) osteoporosis fracture (Z87.310)
- Age-related osteoporosis w/o current pathological fracture (M81.0)
- Fracture: Type _____ Location _____
- Other osteoporosis w/o current pathological fracture (M81.0)
- Long term (current) use of hormonal contraceptives (Z79.3)
- Specified menopausal and perimenopausal disorders (N95.8)
- Unspecified menopausal and perimenopausal disorder (N95.9)

Other Examination(s) Requested:

- Pelvic Ultrasound Carotid Doppler Venous Lower Extremity Doppler OTHER _____
- Abdominal Ultrasound Thyroid Ultrasound Varicose Vein Evaluation _____

Reason for Exam: _____

Area(s) of Concern: _____

Clinical History: _____

Diagnosis (ICD-10 code): _____

Physician Signature _____

Physician (Print) _____

Other physician(s) needing a copy of report _____

Scan below to go to website





SANTA BARBARA
women's
IMAGING CENTER

Your Trusted Experts

**Santa Barbara
Women's Imaging Center**
2320 Bath Street, Suite 211
Santa Barbara, CA 93105
office: **805.560.8111**
fax: **805.560.6900**



Parking available at Nogales Avenue entrance.

Notes: _____

In preparation for your examination...

PATIENT REMINDERS

Please:

- Give this request to the receptionist (important).
- Allow sufficient time for your examination(s).
- Bring your insurance card with you.
- Be prepared to pay any co-pay or deductible at time of appointment.
- Arrive 15 minutes early to register.
- Notify our office of any related studies done at other facilities.
- If you believe you could be pregnant, please call our office asap.

MAMMOGRAPHY

- For your convenience, please wear a two-piece outfit.
- Please notify our office of any previous mammograms done elsewhere.
- Do not use any deodorant, body powder or lotion on breasts or underarm area the day of your examination.
- Diagnostic exams are reviewed by radiologist before the patient is released. Additional views or ultrasound (which may incur separate charges) may be required to complete the evaluation.

ULTRASOUNDS

- Abdomen, Gallbladder, Renal Doppler:** Nothing to eat or drink for 8 hours before examination.
- Pelvic Region, OB:** Drink 24 oz. of water one hour before examination. Do not empty your bladder.
- Renal/Kidneys:** Nothing to eat 8 hours before examination. Drink 24 oz. of water one hour before examination. Do not empty your bladder.
- Thyroid, Carotid Doppler, Venous Doppler, Upper and Lower Extremity Arterial Doppler, Breast:** No preparation necessary.

BREAST MRI

- Must be 8-12 days after the first day of menstrual cycle, unless a new diagnosis of breast cancer.
- Please leave all jewelry/metallic objects at home if possible.

BONE DENSITY

- No calcium supplements 24 hours prior to DXA study.
- Do not wear clothing with zippers, buttons, metallic fibers, or snaps.

BIOPSY

- Do not take aspirin, ibuprofen (Advil), fish oil, Naprosyn (Aleve), Ginko or other herbal remedies for at least 5 days prior to your biopsy appointment.
- Lovenox, Coumadin, Plavix, Heparin, Xarelto or other blood thinning medications must also be stopped prior to your biopsy to reduce the risk of bleeding and improve the accuracy of biopsy. Please consult your physician for advice with your medication.
- Small amounts of liquids and usual medications on day of exam. Breast biopsy patients may have a regular diet.